

Official Rules of the

NETHL

New England Table Hockey League

2025-26



EST 2019

Preface

Clear and consistent rules ease the stress on both players and refs. It is essential that all players be well informed of the league rules listed below. **Please take the time to read, learn and abide by these rules at all times.**

Not all game situations may be listed here. In those cases, the league Rules Committee should be consulted. Rules Committee members are Steve Bernstein, Peter Terreri, Brian Sullivan and Greg Pope.

The following rules and procedures have been developed and refined over decades. Their purpose is to help players improve their skills while providing a more even playing field for all players.

As a reminder, these wonderful tables are over 30 years old. Please keep this in mind while playing and don't take out any frustration on them. Thank you!

Play well and puck luck to all!

Table Hockey®

Points of Emphasis 2025-26 Season:

Rule Changes/Modifications – Highlighted in Red

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Declaration of Player Safety, Fair Play and Respect and Code of Conduct:

The NETHL is committed to creating a safe and fair environment for all participants. Respect for the game, opponents and officials is a critical part of the environment that is created and it covers several different aspects of sportsmanship and fair play.

Players are to be reminded that disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks, trash talking, taunting, boastful celebrations, game abuse or other actions that demean individuals or the sport will not be tolerated. League officials can forfeit a match or disqualify a player for any of these offenses.

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SECTION 1: LEAGUE PARTICIPATION – MEMBERSHIP

- a) For any player that played in any of the last five seasons of the NETHL, a \$200.00 entry fee is now required, payable in full by Sept 1st. This fee will help cover the cost of the function room where we play, game parts and various other league expenditures.
- b) New players (those who have never played in the league before) may play free their first meeting and then \$25.00 per each subsequent regular season meeting attended.

SECTION 2: EQUIPMENT

- a) The Official table used by the NETHL is the *TableHockey®* Benej Classic.
- b) The height of level rink is to be 39.5”, measured from the floor to the top of rink frame.
- c) Rink surface should only be polished prior to each league date, but may receive a quick dry buff prior to any match.
- d) Only Standard Benej Classic Pucks are to be used for league or tournament play.
- e) Pucks may be powdered at start of each period, after puck hits floor, and otherwise as determined by referee.
- f) Tables should be checked for level before each game.
- g) Stick blade height may be adjusted only at play stoppage or time out.

SECTION 3: OFFICIATING

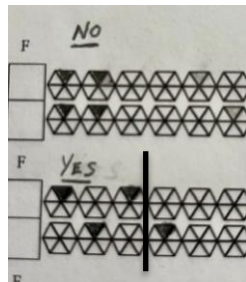
- a) While refereeing, players are encouraged to officiate the games of their fellow competitors fairly and objectively
- b) The referee keeps time; conducts play from the open side of the rink and is charged with all game decisions. The referee should update players, when possible, with time remaining at “a buck and a half” (1:30), 60, 30, and 10 seconds during each period or when asked by a player.
- c) Referees are encouraged to warn players of an infraction before calling a penalty. The intent is to minimize offenses, keep play moving and re-acquaint players to the rule.
- d) Scorekeeper (if available) updates the score sheet and with Referee, may give their view to clarify any play or ruling. If uncertain on a rule or play, the Referee is to consult a league official.

SECTION 4: GAME PLAY

- a) A game is 9 minutes in length, divided into three 3-minute periods, with players switching ends after each period.
- b) For playoffs, players switch ends to begin OT.
- c) Players have an optional 1-minute timeout per game, which may be called only at a play stoppage. Play resumes at the face-off location closest to last play.

SECTION 5: GAME SCORING

- a) Players receive
 - a. 2 points for a win
 - b. 1 point each for a tie
 - c. 0 points for a loss
- d) When recording player goals, alternate scores by players to show the progression of scoring during the game. The example below shows three goals scored in the first period. After each period draw a vertical line to show period end.



- e) A game ends by mercy with any seven or more-goal lead at the end of the second period.
- f) Any forfeit prior to puck drop is scored as a 2-1 game.
- g) Any incomplete game will be scored as is at stoppage.

SECTION 6: GOALS:

- a) The puck must remain in net to be scored as a goal.
- b) A shot by any player either directly or deflected into the net that does not contact the boards is scored as a goal.
- c) A puck shot off the boards then clearly off any player, except a stationary goaler, and into the net is scored a goal.
- d) **Any goal scored off a fair faceoff is a goal.**
- e) Any secondary play by the goaler in the crease from a stopped puck and into their own net is scored as a goal.

SECTION 7: POSSESSION TIME

- a) All players have 4 seconds upon safe possession to move the puck from boards or slot into/through-contested ice.
- b) **The defensemen and goaler, alone or combined, have 4 seconds upon safe possession of puck to move the puck into or through contested ice.**
- c) The referee should give a verbal warning to any player abusing the possession rule with a call of "move the puck." On further violations, all referee calls of 4-second delay, the clock is stopped and a face-off held in the end zone circle of violator. Referee should replace lost time when game significant.

SECTION 8: FACE-OFFS

- a) All face-offs start with both players announcing, “READY”. The Referee then pauses, and then calls “Go!” Referee should take into account the volume level of noise in the room and use hand signals for the players during the ready and go calls.
- b) On the game’s opening face-off, the referee chooses which player will say ready first. On all subsequent face-offs, it is the players zone that determines who calls “READY” first. Once a goal is scored, the first call of go begins with the player who was scored upon.
- c) The Referee has the option to call “play on” or “stop play” when a face-off, although fair, begins awkwardly.
- d) On all circle face-offs, facing player bases are completely outside circle and stick blades pointed at the puck and held still.
- e) For neutral zone face-offs, stick blades must be pointed at the puck and not closer than 1 inch from the puck. Other near players may line up with stick blades no closer than 3 inches from puck, with winger and center out of the offensive zone.
- f) For center ice face-offs, all wingers must be in the neutral zone.
- g) Faceoff locations will be in the zone a puck was shot from or deflected out of play.
- h) Neutral zone face-offs take place after a puck goes out of play from that zone.
- i) End zone face-offs take place:
- j) After attacker shoots the puck off the net and out of play
- k) After puck goes out of play from inside the offensive zone, after defensive “freeze” or bank shot score from within that zone.
- l) The referee will stop play and resume:
- m) At center ice after a goal.
- n) At select corner or neutral zone spots, after mechanical breakdown or a player injury.
- o) Jump Rule: Play is stopped by the referee on seeing any motion by facing players prior to “go” call. Two consecutive jumps by the same player should result in a Delay of Game call, resulting in a penalty shot.

SECTION 9: BANK SHOTS

- a) A puck shot off boards by an attacking forward and directly into the opponent’s net is ruled no goal and a face-off held to the side and zone where the shot originated.
- b) A puck shot off boards by an attacking defenseman and directly into the opponent’s net is ruled as icing. A face-off is made in the shooters end to the side of the goal the shot originated.
- c) A puck shot off boards by any player into their own net, is ruled a face-off in the corner circle in your defensive zone on the side it was shot from. If the puck touches any player except a stationary goalie after the last bank and goes in the net, the goal counts.
- d) Uncertainty by the players, referee or scorer on a player deflection after a board carom should favor a “no goal” ruling followed by a face-off.

SECTION 10: GOAL CREASE FREEZE RULE

- a) You must play the puck if it is touching any of the goaler slots (Fig.1) or is in either of the triangular area to the left or right of the goalie as noted by the black dots shown.
- b) You must play the puck if it is in the goal crease and not touching the goal line (see Fig.2).
- c) You may call a freeze in the goal area if the puck is outside the goal crease and not in contact with the left, center or right goaler slots and the center is unable to touch the puck (see Fig.3).
- d) You may call a freeze in the goal area if the puck is in the goal crease and is touching the goal line (Fig.4).
- e) You are not allowed to intentionally move the puck to positions in Fig.3 or Fig.4 in order to call a freeze.
- f) These rules apply to either goal crease marking (semi-circle or rectangle).



Must Play
Fig. 1



Must Play
Fig. 2



Freeze Ok
Fig. 3



Freeze Ok
Fig. 4

SECTION 11: PICO SHOT

- a) No goal counts if scored when an attacker shoots a stopped puck into the net using any part of the back 180 degrees of the player base (opposite to the stick blade.)
- b) Players may shoot a stopped puck with the forward 180 degrees of the player's base but the puck must also be in contact with the stick blade at the time of the shot.
- c) On a Pico call, the Referee resumes play with a face-off in a corner face-off circle of the offending player on the side the shot was taken.

SECTION 12: INFRACTIONS

- a) It is not permitted to intentionally play the goaler with the rounded side facing forward. The referee should remind a player to turn the player when possible, during play. After two warnings, a penalty shot should be called against the defending player.
- b) It is not permitted to defend the goal crease with a defenseman's stick blade intentionally inside the goal crease. If a shot is blocked by a defenseman's stick blade inside the crease, without an immediate attacking score on the rebound, a warning should be issued to the defending player. After two warnings, a penalty shot should be called against the defending player.
- c) It is not permitted to place the goaler over the goaler slot and pull up or push down on the rod in order to "lock the goaler" into the slot or bend the board. After the second warning, a penalty shot should be awarded against the defending player.

SECTION 12: INFRACTIONS (cont.)

- d) For a Penalty Shot, the referee sets the penalty clock at 4 seconds, and records a “P” for the attacker on score sheet. Attacker plays center, positioned as for a center ice face-off, and defender plays only the goaler. All forwards are pushed to the end of rink; all defensemen are pulled behind the nets with stick blades pointed away and with rods angled outward. Puck is placed at center, the players announce, “ready”, and referee calls “go”. The center has one attempt to score in four seconds. A rebound or secondary play is not allowed.

SECTION 13: REGULAR SEASON STANDINGS & PLAYOFFS

- a) The monthly league rankings will be based on the following tiebreakers
1. Points
 2. Wins
 3. Head-to-Head
 4. Least losses
 5. (+/-)
 6. Most Goals
 7. Least Goals
- b) Players need to attend at least four (4) out of the seven (7) regular season meetings in order to qualify for full league playoffs. (The April playoff date does not qualify towards one of the seven meeting dates).
- c) Players who do not qualify for the full league playoffs will start their playoff run in the B Div.
- d) Special circumstances affecting a player’s attendance may be reviewed by league officials as it pertains to their playoff ranking.
- e) Playoff match-ups will be determined using the Terrori Combo ranking system, which combines each player’s total point rank with their final point %. (see following example).

Mar 2025						
	GP	W	L	T	Pts	Pt %
1 Greg Pope	26	22	4	0	44	.846
2 Steve Bernstein	59	47	8	4	98	.831
3 Peter Terrori	54	44	9	1	89	.824
4 Bob Bernstein	59	44	11	4	92	.780
5 John Kraunelis	48	29	14	5	63	.656
6 Steve Ganley	39	21	11	7	49	.628
7 Vinny Catania	51	28	17	6	62	.608
8 Paul Cosgrove	31	16	11	4	36	.581

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	Pts Pos	Pt% Pos	Combo Pos
1 Steve Bernstein	1	2	3
2 Peter Terrori	3	3	6
3 Bob Bernstein	2	4	6
4 John Kraunelis	4	5	9
5 Greg Pope	8	1	9
6 Vinny Catania	5	7	12
7 Steve Ganley	7	6	13
8 Chris Grover	6	10	16
9 Paul Cosgrove	10	8	18

